





Your free sample

**Subscribe Today & be ready for
Sunday March 1st 2026**



Important Notice to Parents and Guardians

Please note that all QR Codes featured within this free sample are live, but not time-dated as they would be in the full version of the Children's Interactive Diary (CID).

The pages and QR-linked downloads included here are designed purely to give you a feel for how the real diary will look, work & educate when launched.

Any QR Codes showing scan limits, prize entries, or competitions are for display purposes only — they are not active, not monitored, and will not result in any real entry or prize.

This sample is a visual and interactive preview only, intended to help you explore how CID engages and inspires children safely and creatively and to give you notes along the way.

March 2026

My Interactive Diary

NEW



"A Diary full of Puzzles, Quizzes, Facts & Adventures Every Day".

- For Ages 8-12 -





Why Your Child's Adventure Guides Matter

Each page of the Children's Interactive Diary blends story, play, and learning. Our mascots — Dot the Robot, Olive the Owl, Finley the Fox, Toby the Dog, and siblings Peter & Sarah — help children learn in different ways, turning curiosity into adventure.

Meet the Learning Behind the Characters

Dot the Robot – Builds logic and problem-solving through puzzles and codes. **Olive the Owl** – Sparks curiosity with fun facts and quizzes that boost memory. **Finley the Fox** – Encourages creativity and flexible thinking with riddles and activities. **Toby the Dog** – Promotes empathy, kindness, and emotional confidence. **Peter & Sarah** – Model teamwork, curiosity, and shared discovery.

How It Helps

- Strengthens reading, comprehension, and focus.
- Boosts problem-solving and creative thinking.
- Builds confidence through daily challenges.
- Nurtures empathy, resilience, and teamwork.
- Blends history, science, geography, art, and emotional growth — all through play.

Why It Works

Children remember more when learning through characters they love. By linking lessons to stories, CID turns education into adventure — where knowledge sticks because it's fun.

For Parents & Teachers

Perfect for home, classroom, or home-schooling — each page inspires curiosity, connection, and joy in learning.



Every puzzle solved, every fact discovered, and every laugh shared with a mascot builds not only skills — but confidence, curiosity, and joy in learning.

Time to Meet Your Adventure Guides!

“Hello, dear explorer!
I’m Dot, Dot the Robot, and I’ll be
helping you with puzzles,
crosswords, and secret treasure
clues. I’ve got lots of
brainy challenges ready just for
you!” 🤖 ⭐



“I’m Olive the Owl,
and I’ll swoop in now and
again with fascinating
facts and quizzes.
Keep your eyes sharp
– you never know what
you might discover along the
way!” 🦉 📖

Time to Meet Your Adventure Guides!



“Hey there, buddy! Finley the Fox here, and I’m your crafty companion. I’ll share tips, tricks, and fun activities to keep you thinking outside the box!” 🦊🎨



“Hi there! We’re Peter & Sarah, and we’re also your adventure pals just like Dot, Olive, & Finley.

And just like you, we just love learning to, as well as exploring, and having fun.

So let’s unlock the mysteries together.”



“What is it, Toby? Oh! I’ve left you out, haven’t I? That’s Toby – another member of our buddies’ team. He’s our companion, always wagging along beside us. I’m sure he’s got something to say... Toby!”



“Hello, I’m Toby! 🐶

I’m not the one solving riddles or teaching clever facts – that’s what my friends Dot, Olive, Finley & Peter & Sarah do best. My job is much simpler: I’m here to be their loyal companion. I wag my tail, keep everyone smiling, and make sure no adventure ever feels lonely. I might not lead the way, but I’ll always be right by their side – because every team needs a faithful friend.”



Welcome Young Explorer

Hello again!

We've all been waiting for you. This isn't just any diary – it's your passport to a month of fun, puzzles, colouring, and adventures that will take you across the globe and even into space.

Every day, you'll explore a new place or wonder of the world. Along the way you'll meet fascinating creatures, discover jaw-dropping facts, and test your skills with puzzles, quizzes, and more.

But you won't be travelling alone. You'll have some special guides to help you on your journey:

**Are you ready to explore, learn, and laugh along the way?
YES! OK, grab your pencil, your imagination, and maybe a snack...
because your adventure starts now!**







Why We're Learning About the Titanic & other themes

The Titanic isn't just a shipwreck story — it's a lesson in ambition, innovation, and compassion. In the Children's Interactive Diary, we use this real event to help children explore history through curiosity and empathy.

Why It Matters

Learning about the Titanic helps children:

See how design, decisions, and nature shaped its fate.

Build empathy through the real stories of passengers and crew.

View history as living — full of people, choices, and lessons.

How It Helps

- **Strengthens reading, comprehension, and focus.**
- **Boosts problem-solving and creative thinking.**
- **Builds confidence through daily challenges.**
- **Nurtures empathy, resilience, and teamwork.**
- **Blends history, science, geography, art, and emotional growth — all through play.**

Skills They'll Build

Each page — from crosswords to QR-linked videos — grows key skills:

- **Reading & Vocabulary:** themed clues and historical words.
- **Research & Curiosity:** safe digital discovery through QR codes.
- **Critical Thinking:** asking why events happened and how they could change.
- **Numeracy:** applying maths to size, time, and distance.
- **Moral Reflection:** teamwork, leadership, and responsibility.

Cross-Curricular Learning

- **History:** Edwardian life and class.
- **Science:** buoyancy and design.
- **Geography:** the North Atlantic and icebergs.
- **Literacy:** storytelling and discussion.

Why It Works

Blending facts with visuals, QR codes, and friendly guides like Finley the Fox turns complex history into adventure. Children learn without feeling they're "studying."

Through the Titanic, children learn that progress and imagination must always sail alongside empathy and responsibility — lessons as vital today as they were in 1912.

THE SINKING OF THE **TITANIC**



**How well do you think
you'll do?**

**Only one way to find
out!**



**Your Crossword
Download**

Did You Know?

The Titanic was as long as
three football fields!

The ship's whistles were so
loud, they could be heard
from 11 miles away.



**Your Crossword
Answers
Parents ONLY
This QR Code is
Password Protected**



TITANIC

Crossword



Video run time 9 mins 9 secs



SCAN
ME!



Across

2. Small ones used to rescue people from the Titanic
4. A famous ship that sank on its first trip
6. The water was very this when the ship sank
10. Help that came after the ship went down
13. A person travelling on the ship
14. What happened to the Titanic after the crash
15. The Titanic was known for this kind of travel

Down

1. The person in charge of the ship
3. The Titanic sailed across this huge body of water
5. What the Titanic hit in the ocean
7. Something worn to help float in water
8. The people who worked on the Titanic
9. The Titanic is a big part of this school subject
11. The month when the Titanic sank
12. You could walk on this part of the ship
14. The Titanic was one of these

Did You Know?

“Over 2,200 people were on board the Titanic when it sank in 1912.”

“Let’s uncover the facts about the Titanic together!, from Oliver & Lucas”





Why We're Learning About "How the KitKat Bar is Made" and other "How It's Made" videos

An educational note for parents and teachers

This page uses a child-safe QR code linking to a "How It's Made" video, turning a simple treat into a smart learning moment. Children discover the science, teamwork, and design that bring an everyday favourite to life.

Why It Matters

Watching how a KitKat is made helps children:

- Connect real life with STEM (Science, Technology, Engineering & Maths).
- See how raw materials become finished products.
- Appreciate the teamwork and creativity behind manufacturing.

What They Learn

- **Science & Process Thinking:** Melting, cooling, and machinery in action.
- **Observation Skills:** Following each step from bean to bar.
- **Cultural Awareness:** Discovering different KitKat flavours around the world.
- **Digital Confidence:** Using QR codes safely.
- **New Vocabulary:** Words like tempering, production line, and packaging.

Curriculum Links

Science • Geography • Design & Technology • Maths • English

Why It Works

Children learn best when something feels real and fun. By blending chocolate, curiosity, and technology, this page turns everyday wonder into learning that sticks.

By unwrapping the story behind a simple treat, children begin to see that learning can be just as sweet as chocolate — and far more lasting.

How The KitKat Bar is Made

Video run time 14 mins 14 secs



PAUSE



SCAN
ME!



Did You Know?

"Yum! Let's
find out how
it's made!"

Every second, people around the world eat
about 150 **KitKats**!

The first chocolate bar was made in the **UK** in
1847.

KitKats are so popular in Japan that there are over 300
flavours – including green tea and even wasabi!

White chocolate isn't really chocolate – it doesn't have
cocoa solids in it.





Why We're Exploring St Patrick's Day

A St Patrick's Day wordsearch may look like simple fun, but it builds real skills – boosting literacy, focus, and cultural understanding in a joyful way.

Why It Matters

- **Vocabulary & Spelling:** Words like heritage, shamrock, and leprechaun expand language and reinforce spelling.
- **Focus:** Searching for hidden words sharpens attention and perseverance.
- **Cultural Curiosity:** Learning about Irish traditions connects language with the wider world.

What Children Learn

- **Cultural Literacy:** Irish symbols, colours, and customs.
- **History & Curiosity:** Who was Saint Patrick? Why do we celebrate?
- **Joy in Learning:** Linking study with celebration makes education feel alive.
- **Social Skills:** Shared puzzles encourage teamwork and friendly challenge.

Cross-Curricular Links

English: spelling, word recognition

History & Culture: Irish heritage and legends

Art & Design: Irish colours and creativity

PSHE: respect for other traditions

Why It Works

When learning feels like play, children dive in.

This activity weaves reading, history, and joy together – quietly strengthening both literacy and global awareness.

In searching for words, children also find meaning – in language, in culture, and in the joy of discovery.

St Patrick's Day Wordsearch

Will you have the luck of the Irish?

Shamrock
Leprechaun
Rainbow
Gold
Clover
Ireland
Parade
Emerald
Lucky
Green
Hat
Jig
Pot
Coin
Magic
Festive
Saint
Charm
Celebration
Heritage

T	R	P	O	T	G	D	O	T	W	L	X	P	T	S
R	J	I	G	F	U	Z	O	C	D	C	S	G	D	X
C	N	S	Z	I	X	C	A	T	P	V	X	P	L	K
G	O	H	I	R	E	L	A	N	D	L	K	V	I	G
U	I	A	Z	P	K	E	D	A	R	A	P	I	U	C
H	T	M	V	F	R	E	V	O	L	C	I	E	O	K
P	A	R	H	W	P	S	A	J	L	L	Q	T	S	N
T	R	O	L	E	P	R	E	C	H	A	U	N	G	Y
A	B	C	C	F	E	V	I	T	S	E	F	N	O	K
H	E	K	H	N	L	R	L	G	U	R	G	F	L	C
B	L	S	A	I	N	T	H	C	I	G	A	M	D	U
E	E	D	R	S	Y	D	L	A	R	E	M	E	I	L
Z	C	X	M	C	V	W	W	O	B	N	I	A	R	G
J	P	A	Y	G	R	E	E	N	Q	B	O	K	E	C
M	E	G	A	T	I	R	E	H	N	I	O	C	L	P



Why We're Practising Multiplication

Multiplication builds logic, confidence, and problem-solving skills. This “Multiplication Time” challenge turns repetition into strategy and fun – learning through play, not pressure.

Why It Matters

- Builds strong maths foundations for division, fractions, and algebra.
- Sharpens memory and speed of recall.
- Encourages pattern-spotting and reasoning.
- Boosts confidence through quick wins and mastery.

What Children Learn

- **Fluency:** memorising facts with playful pressure.
- **Problem-solving:** using reasoning to find each “password.”
- **Goal-setting:** focusing on rewards and persistence.
- **Digital literacy:** using QR codes safely in learning.

Cross-Curricular Links

- **Maths:** multiplication, sequencing, number sense.
- **Computing:** logic and gamified learning.
- **Personal growth:** confidence through success.
- **Critical thinking:** following multi-step challenges.

Why It Works

By making maths an adventure – not a test – children choose to engage. QR codes, time challenges, and light competition turn practice into play and memory into mastery.

Through each equation, children aren't just learning numbers – they're learning how to think clearly, act confidently, and enjoy the rhythm of reasoning.

Multiplication Time £20



Are You ready?



SCAN
ME!



Jot down your answer,
and the last single
digit of each answer
will give you the
answer to put in the 11 digit
password.

The **first 10 people** with the
correct password, goes into
our monthly cash prize
draw!

12×12

A

3×9

B

9×9

C

13×9

D

10×19

E

14×14

F

16×12

G

13×14

H

5×5

I

7×8

J

12×10

K



Why We're Learning About the Vikings and other themes

This Vikings Crossword turns history into an interactive adventure. As children listen, read, and solve, they uncover how people lived, explored, and imagined a thousand years ago.

Why It Matters

Learning through experience makes history memorable. Listening to the story while finding answers builds understanding, spelling, and recall — all through play.

What Children Learn

- **History:** Viking life, travel, and achievements
- **English:** comprehension, spelling, and vocabulary (shield, longship, raid, Thor, battle)
- **Geography:** where the Vikings came from and explored
- **PSHE:** courage, teamwork, and community

Skills Gained

- Sharper memory and focus through active listening
- Curiosity about life in the past
- Teamwork and discussion while solving clues

Why It Works

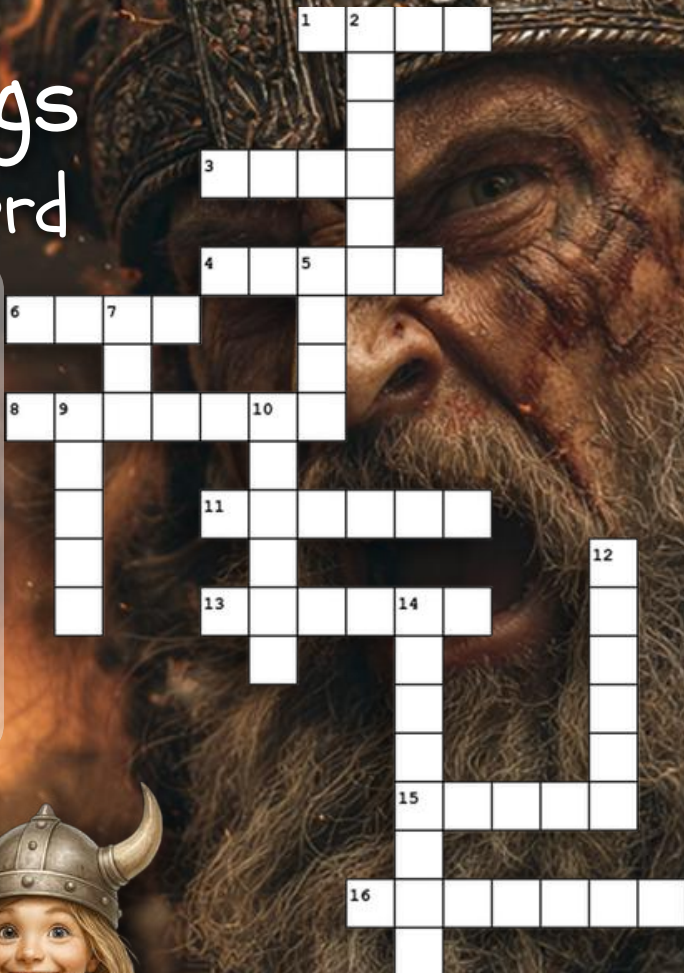
When learning feels like a story and a puzzle combined, knowledge sticks — not just in the mind, but in the imagination.

By blending story, sound, and challenge, this page helps young explorers see that history isn't only about the past — it's about the people who shaped the world they live in today.

The Vikings Crossword

Across

1. – The Viking god of thunder
3. – When not raiding, Vikings did this for food
4. – The direction the Vikings came from
6. – How Vikings travelled across the sea
8. – A chilly island the Vikings discovered
11. – Some Viking ships had this on the front
13. – A big fight, often between armies
15. – A long blade used in Viking fights
16. – Warriors from long ago who sailed the seas



Down

2. – What Vikings wore on their heads (not always with horns!)
5. – A surprise attack, often by Vikings
7. – A weapon the Vikings used in battle
9. – A warm piece of Viking clothing
10. – One of the countries the Vikings came from
12. – Used to block attacks in battle
14. – A fast, slim Viking boat



Why We're Cooking Together

Cooking isn't just weekend fun — it's a recipe for creativity, independence, and real-world learning. Saturday "down-time" in the kitchen helps children slow the pace, work with their hands, and enjoy the pride of making something from scratch.

Why It Matters

Cooking builds patience, teamwork, and confidence. It turns learning into a sensory adventure — touch, smell, sight, taste — instead of a classroom task.

What Children Learn

- **Maths:** measuring and dividing build numeracy.
- **English:** reading recipes teaches sequencing and comprehension.
- **Science:** heat, melting, and freezing show cause and effect.
- **Motor skills:** chopping and stirring boost coordination.
- **Health:** exploring ingredients encourages mindful eating.
- **Responsibility:** safe, supervised tool use builds care and awareness.
- **Creativity:** decorating and experimenting spark imagination.

Cross-Curricular Links

Maths • Science • English • PSHE (teamwork, hygiene, self-care).

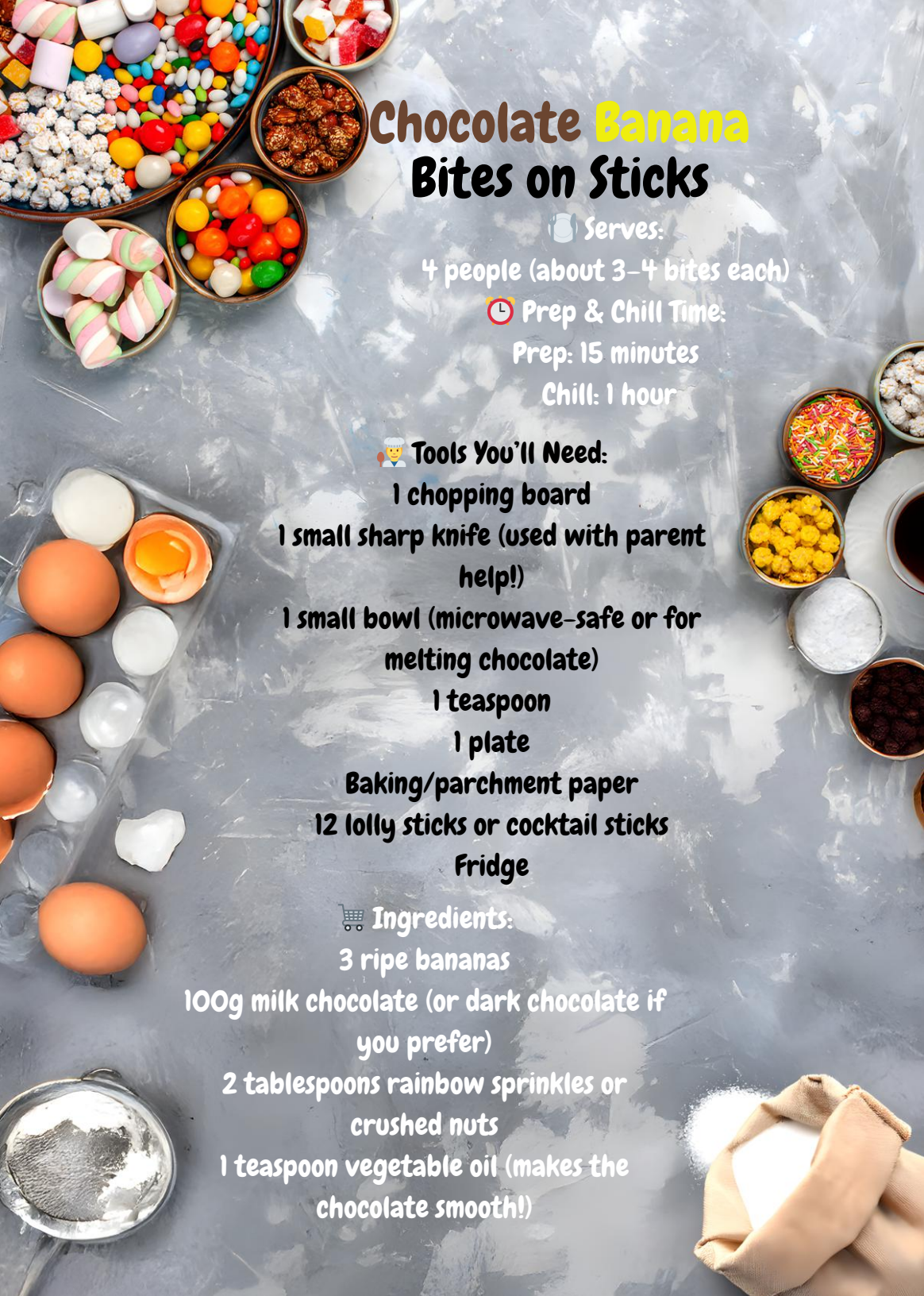
Why It Works

Cooking gives instant results — a reward they can see and taste — while quietly teaching patience, precision, and pride. A calm weekend activity that blends learning with joy.

Through cooking, children learn one of life's simplest lessons: that effort, curiosity, and care can create something wonderful to share.

Today's Saturday
Let's Get
Cooking!





Chocolate **Banana** Bites on Sticks

 Serves:

4 people (about 3–4 bites each)

 Prep & Chill Time:

Prep: 15 minutes

Chill: 1 hour

 Tools You'll Need:

1 chopping board

1 small sharp knife (used with parent
help!)

1 small bowl (microwave-safe or for
melting chocolate)

1 teaspoon

1 plate

Baking/parchment paper

12 lolly sticks or cocktail sticks

Fridge

 Ingredients:

3 ripe bananas

100g milk chocolate (or dark chocolate if
you prefer)

2 tablespoons rainbow sprinkles or
crushed nuts

1 teaspoon vegetable oil (makes the
chocolate smooth!)

Chocolate Banana Bites on Sticks

👣 Steps to Make It:

1. **Peel and Chop**
2. Peel the bananas and chop each one into 4 even chunks. You should get 12 chunky bites in total.
3. **Stick 'Em In!**
4. Carefully poke a lolly stick into each banana chunk. Now they look like mini banana lollipops!
5. **Melt the Chocolate (with adult help)**
6. In a microwave-safe bowl, break the chocolate into small pieces. Add the teaspoon of oil.
7. **Microwave in 20-second bursts, stirring in between until the chocolate is smooth and melted.**
8. **Dip & Decorate**
9. Dip each banana pop into the melted chocolate so the top half is covered. Then roll or sprinkle with toppings like rainbow sprinkles or crushed nuts.
10. **Chill Out**
11. Place them on a plate lined with baking paper, and pop into the fridge for 1 hour or until the chocolate is set.
12. **Ready, Steady, YUM!**
13. Once set, they're ready to eat! Perfect as a treat or party snack.

🔥 **Calories (per person, approx):**
Around 150–170 calories

★ Fun Tip:

Try different toppings! Crushed cornflakes, coconut, or even mini marshmallows work too!





Why We're Learning Through Colouring

Colouring isn't just quiet fun — it's a powerful way to learn. Each themed page, whether a ship, animal, or landmark, lets children express creativity while building fine-motor skills, focus, and imagination.

Why It Matters

Colouring bridges creativity and learning. It helps children relax, reflect, and link what they see to wider topics like history, nature, and science — supporting both emotional calm and cognitive growth.

What Children Learn

- **Fine motor control:** better grip and coordination
- **Spatial awareness:** understanding boundaries and scale
- **Colour choices:** experimenting and combining colours
- **Patience & focus:** staying engaged through care and detail
- **Self-expression:** creating unique interpretations with confidence
- **Contextual learning:** reinforcing knowledge from other diary themes

Cross-Curricular Value

Art & Design – colour theory and creativity

Science – observation of form and nature

History & Geography – cultural and environmental awareness

PSHE / Wellbeing – mindfulness, relaxation, self-esteem

Why It Works

Children learn visually. When they colour what they've discovered, knowledge sticks. QR-code downloads expand their choice — letting them explore, create, and learn at their own pace.

*Through every crayon stroke, children learn that creativity and knowledge are not opposites
— they are partners in discovery.*

Colouring Time



SCAN ME!



Mighty Ship

Enjoy!

SCAN ME!



Pony Pals





Why We Learn Times Tables Through Music

Times tables are the foundation of maths, but they can feel tricky or dull. By turning them into songs – starting with the 10× table – children learn through rhythm, rhyme, and fun, making maths memorable and confidence-boosting.

Why It Matters

Learning tables builds strong number sense, helping children:

- Spot patterns and relationships
- Think faster and solve problems with ease
- Understand division, fractions, and algebra later on
- Remember facts long-term through melody and repetition

What Children Gain

- **Fluency:** rhythmic repetition cements recall
- **Listening skills:** music strengthens memory links
- **Pattern sense:** beats reveal number structure
- **Confidence:** singing removes fear of mistakes
- **Teamwork:** shared songs build support and joy

Across the Curriculum

- Maths: sequences, reasoning, mental maths
- Music: rhythm, timing, coordination
- English: rhyme, rhythm, comprehension
- PSHE: self-belief, creativity, and memory skills

Why It Works

Music connects both sides of the brain – logic and emotion – turning numbers into something children feel. When learning has a beat, it sticks for life.

Through rhythm and rhyme, numbers come alive – proving that learning the times tables can be every bit as joyful as singing your favourite tune.



The 10 x Table

Ten out of ten, we go again!
Count by tens, it never ends!
Clap your hands and shout "Hooray!"
We're the Ten Squad all the way!

Ten times 1 – that's 10, my friend,
Easy start, we'll count again!

Ten times 2 – that's 20 bright,
Double tens, we're counting right!

Ten times 3 – makes 30 strong,
Hear the rhythm, sing along!

Ten times 4 – it's 40 clear,
Tens are marching, cheer by cheer!

Ten times 5 – that's 50 gold,
Half a hundred, brave and bold!

Ten times 6 – is 60 fine,
Add another row in line!

The 10 x Table

Ten times 7 – that's 70 neat,
Tap your toes, move your feet!

Ten times 8 – is 80 great,
Learning fast, don't make us late!

Ten times 9 – it's 90 cool,
Tens are rockin' through the school!

Ten times 10 – a hundred true,
CID kids, we're proud of you!

Line them up – 10, 20, 30, 40,
50, 60, 70, 80, 90 – party!
Count it loud, count it strong,
Tens make numbers sing along!

Ten out of ten, we go again!
Count by tens, it never ends!
From 10 to 100, we can say,
We're the Ten Squad – CID way! 🎵





Why We're Learning Through Treasure Hunts

Our Treasure Hunt pages aren't just games — they're journeys of imagination and reasoning. Hidden within each rhyme and riddle are lessons in critical thinking, comprehension, and pattern recognition. Every month's challenge rewards curiosity and persistence over speed.

Why It Matters

Treasure hunts turn learning into discovery. They spark creativity, logic, and problem-solving — skills that stretch across every subject.

What Children Learn

- **Critical Thinking:** Reading between lines and connecting clues.
- **Comprehension & Vocabulary:** Exploring rhythm, metaphor, and new words.
- **Attention to Detail:** Spotting hints and patterns.
- **Resilience:** Learning that some puzzles take time.
- **Cultural Awareness:** Meeting figures like Blackbeard brings history and geography alive.
- **Confidence & Teamwork:** Sharing guesses builds cooperation and communication.

Cross-Curricular Links

- **English:** Rhyme, narrative clues, comprehension
- **History:** Pirates, exploration
- **Geography:** Trade routes, seafaring
- **PSHE:** Patience, curiosity, persistence

Why It Works

When learning feels like an adventure, curiosity leads the way. Each month's hunt connects effort to achievement — helping children see learning as their own unfolding story.

Through riddles and rhymes, children learn to listen, question, and connect — the very skills that turn curiosity into understanding.

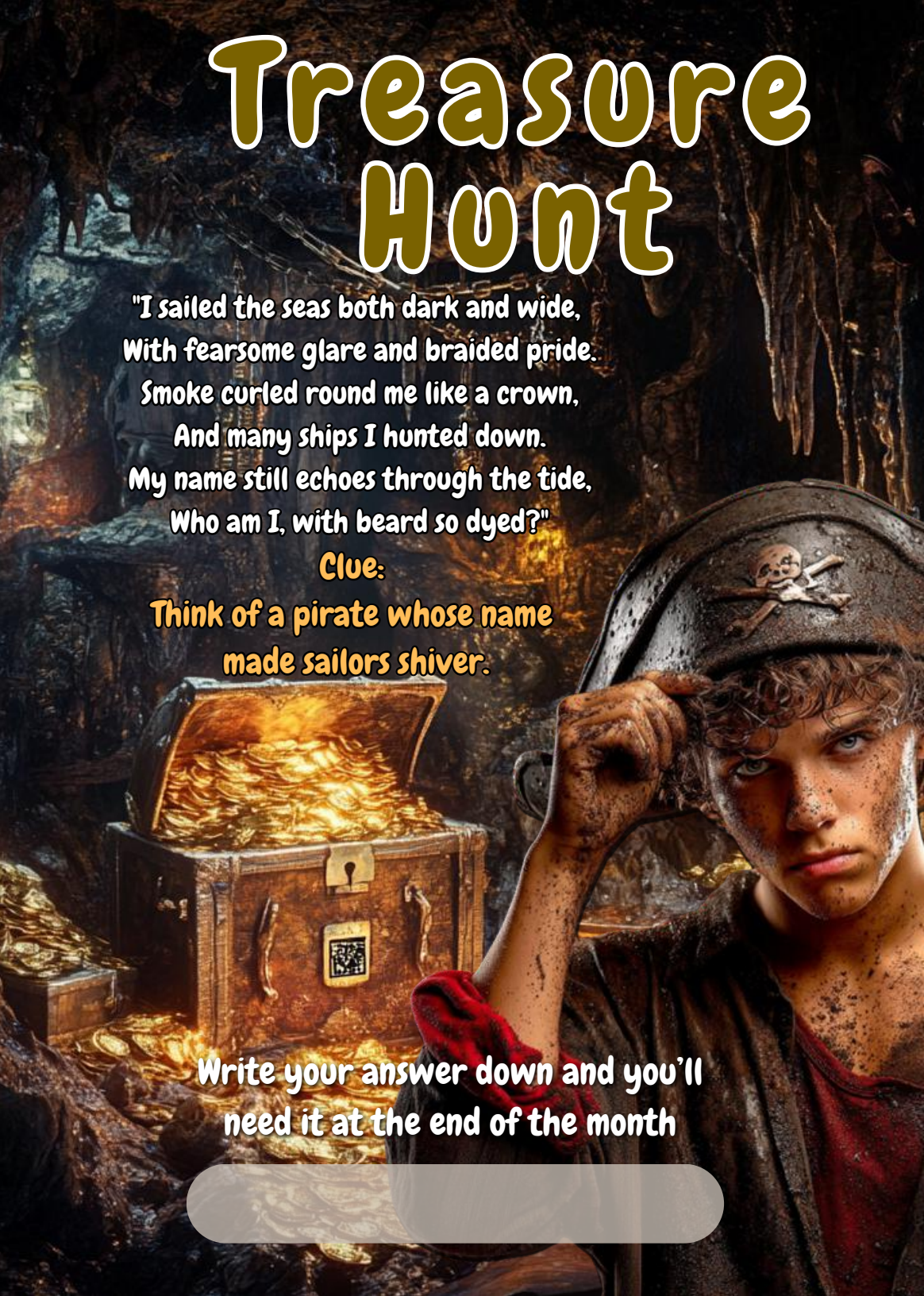
Treasure Hunt

"I sailed the seas both dark and wide,
With fearsome glare and braided pride.
Smoke curled round me like a crown,
And many ships I hunted down.
My name still echoes through the tide,
Who am I, with beard so dyed?"

Clue:

**Think of a pirate whose name
made sailors shiver.**

**Write your answer down and you'll
need it at the end of the month**





Why We're Learning How Crayons Are Made

Children use crayons almost every day – yet rarely wonder how they're made. This page turns that simple question into a doorway to science, creativity, and real-world learning. By scanning the QR code and watching the short video, children discover that every object has a story – from idea to creation.

Why It Matters

- Links classroom learning to real life.
- Sparks curiosity about melting, moulding, and cooling.
- Reveals teamwork, design, and precision behind simple tools.
- Encourages awareness of materials and sustainability.

What Children Learn

- **STEM in action:** heat, matter, and production.
- **Observation:** sequencing and comprehension skills.
- **Language:** words like wax, pigment, and mould.
- **Creativity:** deeper respect for art and design.
- **Digital literacy:** safe, purposeful QR use.

Cross-Curricular Value

Science – materials & processes

Design & Technology – product & packaging

Art – colour mixing & use

Geography/Environment – natural vs. synthetic sources

Why It Works

Seeing how something familiar is made turns curiosity into understanding – and learning into lasting wonder.

By discovering how crayons are made, children learn that every creative tool starts with science, teamwork, and imagination – the very same ingredients that power their own ideas.

Ever wondered

How It's Made? Crayons



Running Time
7 min 44 sec





Why We're Learning About the Great Wall of China

The Great Wall isn't just stone and bricks—it's a story of teamwork, creativity, and determination. This crossword turns one of the world's greatest wonders into a fun, hands-on learning adventure.

Why It Matters

Children explore how geography, history, and culture connect. They see how people long ago solved problems, protected their land, and built something that still inspires the world today.

What Children Learn

- **History:** Who built it, why, and what ancient China was like.
- **Geography:** How the land shaped its design and purpose.
- **Culture:** Respect for Chinese heritage and its global influence.
- **Literacy:** New words like dynasty, fortress, and empire.
- **Thinking skills:** Linking clues, spotting patterns, and reasoning.
- **Global view:** Realising big achievements come from many cultures.

Cross-Curricular Links

History • Geography • English • Art & Design • PSHE

Why It Works

Blending puzzles with history makes learning active and memorable. Solving the crossword helps children discover knowledge, not just recall it—turning facts into curiosity and confidence.

Through the Great Wall of China, children learn that every great structure begins with imagination, teamwork, and perseverance—qualities that still build our world today.

THE GREAT WALL OF CHINA Crossword

Across

- 3 - What tourists do when they walk along the Wall
- 7 - People do this to visit the Great Wall
- 8 - The purpose of the wall was for this
- 11 - The people who protected China along the Wall
- 12 - Soldiers stood here to look for danger
- 14 - The Wall holds this record among walls
- 15 - What many parts of the wall are made from

Down

- 1 - The country where the Great Wall is located
- 2 - The dynasty that built much of the existing wall
- 4 - The first word in the Wall's famous name
- 5 - A giant barrier stretching across the mountains
- 6 - The capital city close to part of the Wall
- 8 - The Wall is often said to look like this magical creature
- 9 - The wall was built to keep them out
- 10 - Another building material used in earlier versions
- 13 - The Wall is full of this from the past

Why “Dear Diary” Matters

A Safe Space to Reflect

Dear Diary gives children a calm, guided way to write about their day — what made them happy, proud, or even upset. It builds emotional awareness, confidence, and clear self-expression.

Why It Matters

Journaling helps children understand their feelings and choices while giving parents and teachers gentle insight into mood and progress.

What Children Learn

- **Emotional intelligence:** naming feelings, building empathy and resilience
- **Communication:** improving vocabulary and writing flow
- **Self-reflection:** thinking about actions and experiences
- **Confidence:** knowing their voice matters
- **Mindfulness:** ending the day calmly, reducing anxiety
- **Digital safety:** learning safe, parent-linked sharing

Cross-Curricular Links

- **English:** writing, sequencing, storytelling
- **PSHE:** emotional growth and empathy
- **ICT:** safe online interaction
- **Home-School:** open, supportive communication

Why It Works

Reflection strengthens both learning and wellbeing. With friendly mascots and gentle prompts, Dear Diary makes self-expression natural, creative, and secure.

Through a few honest sentences each day, children learn the lifelong art of listening to their own thoughts — and discovering their inner voice.

Write the title for you Daily Diary here.

Write how your day went, your thoughts, & feelings below.

Put todays date in

MM/DD/YYYY  

Parent's Email

Child's Name/Nickname

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**Sadly that's the end
of this free sample**

**Subscribe Today & be ready for
Sunday March 1st 2026**

